

QUICK REFERENCE

FROM	TO	MOCA	ALT	TAS	COM HDG	DIST	G/S	ETE

LEG	1	2	3	LEVEL OFF CHECK SET RPM RADIO CALL DOWNWIND CHECK SET HEADING
START TIME				
TIME UP				
SET HDG POINT				
ETA				

ENROUTE LOG

CHECKPOINT	TIME	COM HDG	SINCE SHP		G/S	DIST TO GO	ETE	ETA (Z)
			TIME	DIST				

VFR POSITION REPORT

**IDENTIFICATION / POSITION / TIME OVER / ALTITUDE
/ VFR FLIGHT PLAN / DESTINATION**

AIRPORT DIAGRAMS

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FREQUENCIES				FREQUENCIES				FREQUENCIES			
ATIS		MF		ATIS		MF		ATIS		MF	
TWR		ATF		TWR		ATF		TWR		ATF	
GRD		VOR		GRD		VOR		GRD		VOR	
FSS		NDB		FSS		NDB		FSS		NDB	

ATIS ADVISORIES

INFO		INFO		INFO	
WIND		WIND		WIND	
ALTIMETER		ALTIMETER		ALTIMETER	
RUNWAY		RUNWAY		RUNWAY	
CIRCUIT ALT		CIRCUIT ALT		CIRCUIT ALT	

WEATHER AND NOTAMS

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LEG	1	2	3
TIME DOWN			
SHUT DOWN			

**DON'T FORGET TO CLOSE
YOUR FLIGHT PLAN!**